

Sensing Place

Exploring how we experience & enjoy our community Woodland



Take some time out this Easter holiday and during April to explore Glenbower Wood with movement artist **Lisa Cahill**.

Lisa will facilitate our sensory engagement of the trees, plants, sounds, smells, textures, and movement through playful activities in the woods. These sensory trails will delight people of all ages.

Numbers on each trail will be limited, to ensure quality of experience with the artist.

Please wear appropriate footwear, warm and water resistant clothing. Children must be accompanied and supported by an adult.

WHEN:

Monday 26th March at 10.30am
Thursday 29th March at 10.30am
Saturday 7th April at 10.30am
Wednesday 11th April at 5.30pm

WHERE:

Meet at the Playground Car Park

Each trail will finish with a warm drink and snack at Greywood Arts

Questions? Ring 083 845 1750

Please complete the form below & drop into the post box at Greywood Arts

Name: _____

Contact number: _____

Email address: _____

Preferred dates: _____

Tell us about you/your group (how many, ages, anything else you think we should know):